

Join in with @ReConnecting, on
Zoom and Facebook

December sessions

2nd – Discussing E Books part 2

9th – Our second Murder Mystery – maybe a
Christmas one?

12th at 11 AM – People Speak Up (live in Llanelli –
subject to the usual) on zoom other wise.
Finding our stories.

16th – Wellbeing through art, Vicky Wilson
describing her pathway to Wellbeing with an
art project. Cooking demonstration from
Swper. Box CIC

23rd Christmas Quiz from Dr Mz and some
singing from Helen Enser Morgan.

Every Sunday evening at 7pm we have a chat on
Zoom.

Book a place on the Facebook page or contact
Sandra on 07842589535