



PRESS RELEASE

LONELINESS IN CARMARTHEN TOWN

Carmarthen Town Council is creating a group to look at how people suffering from loneliness can be helped in our local communities.

Led by the Deputy Mayor of Carmarthen Cllr Miriam Moules, the group will be very keen to hear from anyone who is interested in helping with the project or indeed who may be already in need of support to help them deal with loneliness.

Miriam, who is into her second term as Deputy Mayor of Carmarthen said: 'The pandemic has brought the problems linked to loneliness to the fore, but of course loneliness has affected very many people for a very long time. Our aim is to bring together people who wish to raise their concerns and to share their experiences about what can be done at a very local level to help people who feel lonely. There are very many groups and organisations who already do a fantastic job in helping people who experience loneliness, and our aim here is to reach out to anyone who may need help and to make sure that any gaps in support that exist at the moment are closed and that people are made aware of the support that is available or perhaps things that we need to think about doing locally here in Carmarthen to provide more help'.

'We will also be reviewing our policies to ensure that they are very firmly focused on helping people with these sorts of challenges. This is very much new territory for the work of the Town Council but the support we have had with our volunteering scheme during the pandemic, when very many volunteers came forward to help vulnerable and lonely people in our community, demonstrates that people need more support and access to better information'.

The first meeting of the group will take place via a remote video at 4pm on Monday 6th September and anyone who may be interested in supporting or contributing to this work is asked to get in touch with our Community Well-being Officer Jenny Fox at jafox@carmarthentowncouncil.gov.uk

Alun J Harries - Clerk, Carmarthen Town Council

18th August 2021