



## DATGANIAD I'R WASG - PRESS RELEASE

The Mayor of Carmarthen Councillor Jeff Thomas recently presented a set of Carmarthen Town Council high visibility jackets to 'Awaydays Coastcare', a small group of local volunteers who carry out work in Carmarthen to help improve the local environment by undertaking litter picks.



Alan Bowen and Roy Perry receiving the high visibility jackets from the Mayor of Carmarthen Cllr Jeff Thomas

Cllr Jeff Thomas said; 'Awaydays Coastcare is a small network of local volunteers who have carried out this type of work on behalf of the community in Carmarthen for many years now, and without their

fantastic efforts, the town and surrounding area would be a far less attractive and appealing place. The Town Council has provided financial support for the group previously, and this equipment will hopefully make it safer for Alan and his team to carry out the work and at the same time help people to recognise the excellent work that they do'.

Alan Bowen, who arranges the group's work said: 'Awaydays Coastcare is a social befriending group run by and for people with experience of mental health problems or who may have experienced emotional support needs. We arrange events to encompass the natural environment and experience it while also giving something back to the Environment by carrying out beach cleans, coastal walks, riverside and lakeside litter picks. We are very grateful to the Town Council for the support they are providing us'

Alun J Harries

Clerc, Cyngor Tref Caerfyrddin – Clerk, Carmarthen Town Council

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5<sup>th</sup> July 2019