

What's on at Cartref Cynnes- March 2022

Date	Time	Activity	Location	Extra Information
Monday	10.00am	Age Cymru Exercise Class	Lounge	Returns 31 st Jan
Tuesday				
Wednesday	10.00am	U3A Art Class (Fortnightly)	Craft Room	9 th & 23 rd March
Thursday	5.30pm	Watercolour Class (Fortnightly)	Craft Room	17 th & 31 st March
	1.30pm – 3.30pm	Singing for the Brain	Lounge	Returns 10 th March, then 2 nd and 4 th Thursday of each month
Friday	10am - 11am	Tai Chi Shibashi	Lounge	
	7pm	Friday Night Tenants Social Group	Lounge	

UPCOMING EVENTS

Wednesday 9th March – Tenants Meeting, 3pm, 1-11 Meeting Room

Tuesday 22nd March – Llanllwch Church Service, 2pm, Lounge

Sunday 27th March - Music Appreciation Society, 1.30pm, Craft Room

***** If anyone is interested in playing Scrabble on a Tuesday morning, please let Reception know.**