



Care & Repair Carmarthenshire
Gofal a Thrwsio Sir Gaerfyrddin

Help to Move



Will your home become a challenge as you grow older?

The benefits of moving to a smaller, more manageable property, possibly in a better-served location, could make a big difference to your health and wellbeing, and allow you to live independently for years to come.

Contact Us
01554 744 300



Are you thinking about moving home?

Do you feel overwhelmed by the prospect of moving home and need help to explore your options? Early planning can avoid unnecessary worry, anxiety and stress.

Why move?

- Reduce household bills
- Move to a more manageable home better suited to your needs
- To be closer to a more supportive community

Who are we?

Care & Repair is the “Older People’s Housing Champion”. We are a Wales wide charitable movement and actively work to ensure that all older people have homes that are safe, secure and appropriate to their needs.

What is Help to Move?

Help to Move offers **FREE** advice to older people who live in Carmarthenshire.

The service supports older people through the steps involved with moving home.

We’re here to help when you’re ready to move.

How do we provide our services?

We offer the following help and support:

- Visit you at your home to talk about your housing concerns.
- Explore with you the different housing options available, so you can make an informed choice to suit your needs.
- When you’re ready we can support you to find an alternative home which better suits your needs.
- Support you with difficult choices involved when selling or moving home.
- Assist with talking to estate agents, removal companies, solicitors, Housing Associations and/or the Council.
- We can also provide you with information and advice about other local services available.

For further information, please contact:

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