

1st Impressions



An Introduction



Centre for Building Social Action



What is First Impressions?

First Impressions aims to increase the employment prospects of NEET / economically inactive / long-term unemployed individuals living within the Carmarthenshire area.

These are people aged 16 years and over whose chances of getting a job are reduced, possibly due to low motivation and confidence, low academic record, and limited work history / experience.

First Impressions will help participants overcome these barriers to work by providing them with the training, support and paid work experience that will help them secure future employment.

What it involves

Participants can progress through the First Impressions project in two stages:

– Stage 1 – Training

Involves a period of training aimed at getting the participant ready for the workplace. This involves developing the transferrable skills sought by employers.

– Stage 2 – Work Placement

These will last for 16 weeks and will normally be for 16 hours per week. During this period, the participant will be employed and paid by CBSA and be paid at the National Minimum Wage.



Employability Training

- Improve both Soft skills and IT skills
- Employability Training
- Health and Safety Training
- First Aid / Food Hygiene Training or similar work relevant certificate

Interview Support

- Understanding of the importance of presentation to interview success
- Reinforced by providing access to an interview outfit, and make over
- Dress appropriately to create that all important first impression

Paid Work Placement

- Attend a Paid Work Placement in a Sector of interest
- Gain 16 weeks experience within the sector
- Be supported during the Work Placement
- Be helped into further learning, training or employment at the end of your placement

About CBSA

The Centre for Building Social Action (CBSA) emerged from a community development initiative over 30 years ago.

Over the years, we have taken a journey that has culminated in our current identity as a community anchor organisation that promotes and supports grass roots community action and social justice within West Wales.

Getting Involved

If you would like to get involved in the First Impressions Project or any other project; whether as a participant, volunteer or sponsor, please check out our web site of contact our office.

www.cbsa.org.com

CBSA

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Aged 16-24 yrs

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Aged 25yrs+

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