



Carmarthen Wellbeing Directory: Substance Abuse Groups:

NHS Community Drug & Alcohol Team
Penlan Rd, Carmarthen SA31 1DN
01267244442

John Williams MBACP – Counsellor
10, Old Station Rd, Carmarthen SA31 1JN
07811319113
<http://ejwcounselling.co.uk/>

Carmarthenshire County Council Substance Misuse Team
01554 744343
<https://www.carmarthenshire.gov.wales/home/council-services/social-care-health/drugs-alcohol-misuse/#.YXLQOi14WfA>

DDAS – Dyfed Drug and Alcohol Service
03303 639 997

<https://barod.cymru/where-to-get-help/west-wales-services/ddas-dyfed-drug-and-alcohol-service/>

Carmarthenshire Drug & Alcohol Rehab Clinics
08001182892
<https://www.rehabclinic.org.uk/locations/drug-alcohol-rehab-clinic-carmarthenshire/>

Alcoholics Anonymous Carmarthen
Nurture Centre, Cambrian Place, John Street, SA31 3QG
01792301907
<https://www.alcoholics-anonymous.org.uk/AA-Meetings/Find-a-Meeting/Carmarthen>

Prism Alcohol Advisory Services
Forestry House, brewery Road, Carmarthen, SA31 1TF
01267 231634

ChooseLife Drug and Alcohol Service
Copperworks Road, Llanelli, SA15 2NE
01554 771122

CYFLE Cymru
01267 231 634