



# Carmarthen Wellbeing Directory:

## Social Groups:

Carmarthenshire People First

01267 234 635

16 Spilman Street,

Carmarthen

SA31 1JY

<http://www.carmarthenshirepeoplefirst.co.uk/>

Carmarthen Golf Club

Blaenycloed Road

Carmarthen

SA33 6EH

(0)1267 281588

<http://www.carmarthengolfclub.co.uk/>

Carmarthen Rotary Club – every Monday at 12.55

Ivy Bush Royal Hotel,

Spilman Street,

Carmarthen,

Carmarthenshire,

SA31 1LG

No website

Carmarthen & District Ramblers- walking group

01267 230994

<https://www.carmarthenramblers.org.uk/>

United Counties Agricultural and Hunters Society

The Showground, Nantyci

Carmarthen, SA33 5DR



01267 232 141

<https://www.unitedcounties.org/>

Carmarthen Leisure Centre

Llansteffan Road

Johnstown

Carmarthen, SA31

01267 230874

<https://www.actif.wales/locations/carmarthen/>

Llety Cynin Leisure Club

Llangynin

SA33 4JY

01994 231516

<https://www.facebook.com/LletyCyn>

D12 Fitness

Variety of exercise classes

Boot Camp

Spin

Body Sculpt

01267238022

<https://www.d12fitness.co.uk/>

Carmarthen Spinners, Weavers and Dyers- first Saturday of every month 10am-3pm

Newchurch Community Hall

Neuadd Gymuned

Llannewydd

Henfwlch Road

Carmarthen

SA33 6AF



<http://www.carmarthenspinners.co.uk/>

Carmarthen Yarn Bombing Group

07748 597 542

<https://co-operate.coop.co.uk/groups/carmarthen-yarn-bombing-group/>

Carmarthen Artists' Network

Carmarthen

SA31 1LH

<http://canart.org.uk/>

Carmarthenshire Association of Voluntary Services

18 Queen St, Carmarthen SA31 1JT

01267245555

<http://www.cavs.org.uk/>

Age Cymru Dyfed Befriending Life Links Project

100 Lower Trostre Rd

Llanelli SA15 2EA

07399 861 350

03333 447 874

CETMA Community Engagement, Media, Technology & Art Social Enterprise

CETMA Business Centre

Marsh St

Llanelli SA15 1BG

01554 772056