



# Carmarthen Wellbeing Directory:

## Physical Health Wellbeing:

### Joint Care Clinic

Sports Centre, Trinity College, College Road, Carmarthen SA31 3EP  
07970657041

<http://www.jointcareclinic.co.uk>

### Cervical Screening

Carmarthen SA31 9AA

01267 225046

<https://phw.nhs.wales/services-and-teams/cervical-screening-wales/>

### Sexual Health Service

Pond St, Carmarthen SA31 1RT

01267 248674

-no website

### Walking Well Carmarthen

07842589535

<https://walkingwellcarmarthenshire.org.uk>

### Well-being Health

2 Mansel St, Carmarthen SA31 1QX

01267 232497

<http://wellbeinghealth.co.uk/>

### Slimming World Carmarthen

St Marys Parish Centre, Union Street, Carmarthen, SA31 3DE

07807244447

<https://www.slimmingworld.co.uk/group/433701>

### Nurture Centre

07943 589305

<http://nurturemagu.com/>

### Versus Arthritis – Carmarthenshire

Nurture Centre,

Cambrian Place, John Street,

Carmarthen SA31 1QG

0800 756 3970

0800 5200 520