



Carmarthen Wellbeing Directory:

LGBTQ+ Community Groups:

Carmarthen LGBTQ+ Facebook Group

<https://www.facebook.com/carmarthenlgbtq/about>

Stonewall Cymru

<https://www.stonewallcymru.org.uk/about-us>

Sir Gar LGBTQ+ Carmarthenshire

CETMA Business Centre

Marsh Street

Llanelli

SA15 1BG

01554 556776

07539339973

<https://carmslgbtqplus.org.uk/>

LGBTQ+ Society (Carmarthen) UWTSD Students' Union

UWTSD Students' Union

1 Llys Glas

Alexandra Road

Swansea

SA1 5AL

01792 482 100

<https://www.uwtsdunion.co.uk/about>

LGBT+ Cymru Helpline & Counselling Service

0800 917 9996

<https://lgbtcymru.org.uk/about/>

Pride Cymru

<https://www.pridecymru.com/?ref=pinkuk>

Shelter Cymru

<https://sheltercymru.org.uk/lgbt-aware/>

Umbrella Cymru - LGBT Consortium

<https://www.consortium.lgbt/member-directory/umbrella-cymru/>